

Fit Studio Class Schedule & Pricing

FITNESS CLASS FEES

Boot Camp:

\$12.00	Drop In
\$55.00	5 Classes
\$100.00	10 Classes

Core Fusion/Total Body Sculpt

\$12.00	Drop In
\$144.00	12 Class Pass

Personal Training

1-9 Sessions	\$70.00/each
10+ Sessions	\$65.00/each

Semi-Private (2 people)

1-9 Sessions	\$110.00
10+ Sessions	\$100.00

Pilates

1 Session Rate	\$25.00
6 Sessions	\$144.00
12 Sessions	\$276.00
18 Sessions	\$395.00
25 Sessions	\$520.00

Private

1 Session Rate	\$65.00
6 Sessions	\$384.00
12 Sessions	\$756.00
18 Sessions	\$1,080.00

Semi-Private (2 people)

1 Session Rate	\$100.00
6 Sessions	\$564.00
12 Sessions	\$1,032.00

ZUMBA: Drop in Fee	\$8.00
10 Class Pass	\$50.00

Fitness Class Schedule

MONDAY

8:00AM	Pilates	Christine
9:00AM	Pilates	Christine
10:00AM	Pilates	Christine
12:30PM	Pilates	Kelly
5:00PM	Pilates	Kelly
6:30PM	Core Fusion	Sonja
7:30PM	ZUMBA	Maile

TUESDAY

6:00AM	Pilates	Courtney
7:00AM	Pilates	Courtney
9:00AM	Pilates	Christine
10:00AM	Pilates	Christine
11:00AM	Pilates	Courtney
12:00PM	Pilates	Courtney
5:30PM	Pilates	Christine
6:30PM	Pilates	Christine

WEDNESDAY

8:00AM	Pilates	Dee
9:00AM	Pilates	Dee
10:00AM	Pilates	Dee
11:00AM	Pilates	Kelly
12:00PM	Pilates	Kelly
4:00PM	Boot Camp	Deborah
5:00PM	ZUMBA	Gina
6:15PM	Total Body Sculpt	Sonja
7:30PM	Pilates	Courtney

THURSDAY

6:00AM	Pilates	Courtney
7:00AM	Pilates	Courtney
8:00AM	Pilates	Christine
9:00AM	Pilates	Christine
10:00AM	Pilates	Christine
11:30AM	Pilates	Christine
4:00PM	Pilates	Kelly
5:00PM	Pilates	Kelly
6:00PM	Pilates	Kelly

FRIDAY

7:45AM	Pilates	Courtney
9:00AM	Pilates	Kelly
10:00AM	Pilates	Kelly
5:00PM	Pilates	Dee
6:00PM	Pilates	Dee
7:15PM	ZUMBA	Maile

SATURDAY

8:00AM	Pilates	Dee
9:00AM	Pilates	Dee
10:00AM	Belly Dancing	Willow
12:30PM	ZUMBA	Maile

SUNDAY

7:00AM	ZUMBA	Maile
8:30AM	Pilates	Christine
9:30AM	Pilates	Christine
10:30AM	Pilates	Christine
11:30AM	Pilates	Christine

Reservations required for all classes Payments are non-transferable and non-refundable. Packages expire 1 year after purchase.

24 hour cancellation notice required.